



Date: 12.05.2022

Circular

LIFESTYLE DISEASES CURB WITH YOGA-15DAYS TRAINING PROGRAMME

It is hereby informed that in view of **8th International Yoga Day (IYD-2022)**, the institute is organizing yoga training sessions from 13th May to 30th May 2022 (15 Days). In this connection, all the Faculty, Non-teaching Staff, Scholars & Students are requested to avail the facility and maintain your fitness levels. You may contact **Dr. V. Srinivas, SAS Assistant** for further information. The detailed schedule is given below.

Venue: Netaji Indoor Sports Complex, Yoga Hall

Date	Participants	Time
13/05/2021	Teaching Faculty, Non-Teaching Staff, Ph.D. Scholars, M.Tech Students, Security Staff, Housekeeping Staff	4.30PM -5.30PM
14/05/2021 & 21/05/2022	Non-Teaching Staff	4.30PM -5.30PM
16/05/2020 & 23/05/2022	Ph.D. Scholars	4.30PM -5.30PM
17/05/2021 & 24/05/2022	M.Tech Students	4.30PM -5.30PM
18/05/2020 & 25/05/2022	Security Staff	4.30PM -5.30PM
19/05/2020 & 26/05/2022	Housekeeping Staff	4.30PM -5.30PM
20/05/2020 & 27/05/2022	Teaching Faculty (Regular & ad-hoc)	4.30PM -5.30PM
28/05/2020 & 30/05/2022	Teaching Faculty, Non-Teaching Staff, Ph.D. Scholars, M.Tech Students, Security Staff, Housekeeping Staff	4.30PM -5.30PM

Sd/-
Head, Sports & Games

Sd/-
Faculty in-charge, Sports & Games

Sd/-
Dean, Student Welfare